

# MESSAGE

Occasion : Evening Service  
Theme : Numbering our days  
Venue : Lighthouse BBC Tatalon  
Date : January 7, 2018

**TITLE : TEACH US TO NUMBER OUR DAYS**  
Text/s :

Ps 90:9-12

9 For all our days are passed away in thy wrath: we spend our years as a tale that is told.

10 The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away.

11 Who knoweth the power of thine anger? even according to thy fear, so is thy wrath.

12 So teach us to number our days, that we may apply our hearts unto wisdom.

KJV

Bible Reading :

Ps 90

90 Lord, thou hast been our dwelling place in all generations.

2 Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.

3 Thou turnest man to destruction; and sayest, Return, ye children of men.

4 For a thousand years in thy sight are but as yesterday when it is past, and as a watch in the night.

5 Thou carriest them away as with a flood; they are as a sleep: in the morning they are like grass which groweth up.

6 In the morning it flourisheth, and groweth up; in the evening it is cut down, and withereth.

7 For we are consumed by thine anger, and by thy wrath are we troubled.

8 Thou hast set our iniquities before thee, our secret sins in the light of thy countenance.

9 For all our days are passed away in thy wrath: we spend our years as a tale that is told.

10 The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away.

11 Who knoweth the power of thine anger? even according to thy fear, so is thy wrath.

12 So teach us to number our days, that we may apply our hearts unto wisdom.

13 Return, O Lord, how long? and let it repent thee concerning thy servants.

14 O satisfy us early with thy mercy; that we may rejoice and be glad all our days.

15 Make us glad according to the days wherein thou hast afflicted us, and the years wherein we have seen evil.

16 Let thy work appear unto thy servants, and thy glory unto their children.

17 And let the beauty of the Lord our God be upon us: and establish thou the work of our hands upon us; yea, the work of our hands establish thou it.

KJV

Ps 39:4-7

4 Lord, make me to know mine end, and the measure of my days, what it is; that I may know how frail I am.

5 Behold, thou hast made my days as an handbreadth; and mine age is as nothing before thee: verily every man at his best state is altogether vanity. Selah.

6 Surely every man walketh in a vain shew: surely they are disquieted in vain: he heapeth up riches, and knoweth not who shall gather them.

7 And now, Lord, what wait I for? my hope is in thee.

KJV

Song/s :

Other references :

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## INTRODUCTION

This admonition is from the great Psalm written by Moses as he was about to finish his long life of service to God. Although he had lived 120 years, he wrote that the normal life span would thenceforth be 70 or 80 years. Actually, his early years were spent serving the Egyptians, so his service for God occupied only some 80 years at most, and much of that time he was in the desert away from his people. It was only after he had passed that normal 80-year span of life did he actually lead his people from Egypt to the Promised Land.

This is probably what was in his mind as he stressed the importance of “numbering our days” so that we may determine to use wisely whatever time we have left. Moses also wrote in Deut 32:29

Deut 32:29

29 O that they were wise, that they understood this, that they would consider their latter end!

KJV

David wrote:

Ps 39:4-5

4 Lord, make me to know mine end, and the measure of my days, what it is; that I may know how frail I am.

5 Behold, thou hast made my days as an handbreadth; and mine age is as nothing before thee: verily every man at his best state is altogether vanity. Selah.

KJV

Deu 32	Psalm 90
Deut 32:7 7 Remember the days of old, consider the years of many generations: ask thy father, and he will shew thee; thy elders, and they will tell thee. KJV	Ps 90:1 A Prayer of Moses the man of God. 90 Lord, thou hast been our dwelling place in all generations. KJV
Deut 32:18 18 Of the Rock that begat thee thou art unmindful, and hast forgotten God that formed thee. KJV	Ps 90:15 15 Make us glad according to the days wherein thou hast afflicted us, and the years wherein we have seen evil. KJV
Deut 32:4 4 He is the Rock, his work is perfect: for all his ways are judgment: a God of truth and without iniquity, just and right is he. KJV	Ps 90:13 13 Return, O Lord, how long? and let it repent thee concerning thy servants. KJV
Deut 32:36 36 For the Lord shall judge his people, and repent himself for his servants, when he seeth that their power is gone, and there is none shut up, or left. KJV	Ps 90:16 16 Let thy work appear unto thy servants, and thy glory unto their children. KJV

Luke 12:35-40

35 Let your loins be girded about, and your lights burning;

36 And ye yourselves like unto men that wait for their lord, when he will return from the wedding; that when he cometh and knocketh, they may open unto him immediately.

37 Blessed are those servants, whom the lord when he cometh shall find watching: verily I say unto you, that he shall gird himself, and make them to sit down to meat, and will come forth and serve them.  
38 And if he shall come in the second watch, or come in the third watch, and find them so, blessed are those servants.  
39 And this know, that if the goodman of the house had known what hour the thief would come, he would have watched, and not have suffered his house to be broken through.  
40 Be ye therefore ready also: for the Son of man cometh at an hour when ye think not.  
KJV

Eph 5:13-17

13 But all things that are reprov'd are made manifest by the light: for whatsoever doth make manifest is light.  
14 Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light.  
15 See then that ye walk circumspectly, not as fools, but as wise,  
16 Redeeming the time, because the days are evil.  
17 Wherefore be ye not unwise, but understanding what the will of the Lord is.  
KJV

Numbering our days directs our hearts to good application of biblical knowledge in our lives.

Numbering of our days is something that is eventually done by us..

The act of numbering denotes

- planning
- setting references
- setting deadlines and targets

It is God that teaches us such ability of planning our lives

- through his Word
- through circumstances
- through life examples

## BODY

What does Numbering our Days denote?

A) It denotes a recognition of our frailties and limitations

Ps 90:5-10

5 Thou carriest them away as with a flood; they are as a sleep: in the morning they are like grass which groweth up.  
6 In the morning it flourisheth, and groweth up; in the evening it is cut down, and withereth.  
7 For we are consumed by thine anger, and by thy wrath are we troubled.  
8 Thou hast set our iniquities before thee, our secret sins in the light of thy countenance.  
9 For all our days are passed away in thy wrath: we spend our years as a tale that is told.  
10 The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away.  
KJV

James 4:13-17

13 Go to now, ye that say, To day or to morrow we will go into such a city, and continue there a year, and buy and sell, and get gain:  
14 Whereas ye know not what shall be on the morrow. For what is your life? It is even a vapour, that appeareth for a little time, and then vanisheth away.  
15 For that ye ought to say, If the Lord will, we shall live, and do this, or that.  
16 But now ye rejoice in your boastings: all such rejoicing is evil.  
17 Therefore to him that knoweth to do good, and doeth it not, to him it is sin.  
KJV

Ps 39:5

5 Behold, thou hast made my days as an handbreadth; and mine age is as nothing before thee: verily every man at his best state is altogether vanity. Selah.  
KJV

Ps 89:47-48

47 Remember how short my time is: wherefore hast thou made all men in vain?  
48 What man is he that liveth, and shall not see death? shall he deliver his soul from the hand of the grave? Selah.  
KJV

1 Peter 1:24

24 For all flesh is as grass, and all the glory of man as the flower of grass. The grass withereth, and the flower thereof falleth away:  
KJV

1 John 2:17

17 And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.  
KJV

B) It denotes some marks or points we make in our lives

Heb 11:24-29

24 By faith Moses, when he was come to years, refused to be called the son of Pharaoh's daughter;  
25 Choosing rather to suffer affliction with the people of God, than to enjoy the pleasures of sin for a season;  
26 Esteeming the reproach of Christ greater riches than the treasures in Egypt: for he had respect unto the recompence of the reward.  
27 By faith he forsook Egypt, not fearing the wrath of the king: for he endured, as seeing him who is invisible.  
28 Through faith he kept the passover, and the sprinkling of blood, lest he that destroyed the firstborn should touch them.  
29 By faith they passed through the Red sea as by dry land: which the Egyptians assaying to do were drowned.  
KJV

Ps 37:25

25 I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread.  
(KJV)

Gal 6:17

17 From henceforth let no man trouble me: for I bear in my body the marks of the Lord Jesus.  
(KJV)

2 Tim 3:10-12

10 But thou hast fully known my doctrine, manner of life, purpose, faith, longsuffering, charity, patience,  
11 Persecutions, afflictions, which came unto me at Antioch, at Iconium, at Lystra; what persecutions I endured: but out of them all the Lord delivered me.  
12 Yea, and all that will live godly in Christ Jesus shall suffer persecution.  
KJV

2 Cor 12:6-10

6 For though I would desire to glory, I shall not be a fool; for I will say the truth: but now I forbear, lest any man should think of me above that which he seeth me to be, or that he heareth of me.  
7 And lest I should be exalted above measure through the abundance of the revelations, there was given to me a thorn in the flesh, the messenger of Satan to buffet me, lest I should be exalted above measure.  
8 For this thing I besought the Lord thrice, that it might depart from me.

9 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.  
10 Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.  
KJV

2 Cor 11:23-30

23 Are they ministers of Christ? (I speak as a fool) I am more; in labours more abundant, in stripes above measure, in prisons more frequent, in deaths oft.  
24 Of the Jews five times received I forty stripes save one.  
25 Thrice was I beaten with rods, once was I stoned, thrice I suffered shipwreck, a night and a day I have been in the deep;  
26 In journeyings often, in perils of waters, in perils of robbers, in perils by mine own countrymen, in perils by the heathen, in perils in the city, in perils in the wilderness, in perils in the sea, in perils among false brethren;  
27 In weariness and painfulness, in watchings often, in hunger and thirst, in fastings often, in cold and nakedness.  
28 Beside those things that are without, that which cometh upon me daily, the care of all the churches.  
29 Who is weak, and I am not weak? who is offended, and I burn not?  
30 If I must needs glory, I will glory of the things which concern mine infirmities.  
KJV

C) It denotes progress

Phil 2:13-16

13 For it is God which worketh in you both to will and to do of his good pleasure.  
14 Do all things without murmurings and disputings:  
15 That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world;  
16 Holding forth the word of life; that I may rejoice in the day of Christ, that I have not run in vain, neither laboured in vain.  
KJV

Phil 3:13-16

13 Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,  
14 I press toward the mark for the prize of the high calling of God in Christ Jesus.  
15 Let us therefore, as many as be perfect, be thus minded: and if in any thing ye be otherwise minded, God shall reveal even this unto you.  
16 Nevertheless, whereto we have already attained, let us walk by the same rule, let us mind the same thing.  
KJV

D) It denotes attention to the goal

Deut 32:45-52

45 And Moses made an end of speaking all these words to all Israel:  
46 And he said unto them, Set your hearts unto all the words which I testify among you this day, which ye shall command your children to observe to do, all the words of this law.  
47 For it is not a vain thing for you; because it is your life: and through this thing ye shall prolong your days in the land, whither ye go over Jordan to possess it.  
48 And the Lord spake unto Moses that selfsame day, saying,  
49 Get thee up into this mountain Abarim, unto mount Nebo, which is in the land of Moab, that is over against Jericho; and behold the land of Canaan, which I give unto the children of Israel for a possession:  
50 And die in the mount whither thou goest up, and be gathered unto thy people; as Aaron thy brother died in mount Hor, and was gathered unto his people:  
51 Because ye trespassed against me among the children of Israel at the waters of Meribah-Kadesh, in the wilderness of Zin; because ye sanctified me not in the midst of the children of Israel.

52 Yet thou shalt see the land before thee; but thou shalt not go thither unto the land which I give the children of Israel.

KJV

Deut 34:1-7

34 And Moses went up from the plains of Moab unto the mountain of Nebo, to the top of Pisgah, that is over against Jericho. And the Lord shewed him all the land of Gilead, unto Dan,

2 And all Naphtali, and the land of Ephraim, and Manasseh, and all the land of Judah, unto the utmost sea,

3 And the south, and the plain of the valley of Jericho, the city of palm trees, unto Zoar.

4 And the Lord said unto him, This is the land which I swore unto Abraham, unto Isaac, and unto Jacob, saying, I will give it unto thy seed: I have caused thee to see it with thine eyes, but thou shalt not go over thither.

5 So Moses the servant of the Lord died there in the land of Moab, according to the word of the Lord.

6 And he buried him in a valley in the land of Moab, over against Beth-peor: but no man knoweth of his sepulchre unto this day.

7 And Moses was an hundred and twenty years old when he died: his eye was not dim, nor his natural force abated.

KJV

2 Tim 4:1-8

1 I charge thee therefore before God, and the Lord Jesus Christ, who shall judge the quick and the dead at his appearing and his kingdom;

2 Preach the word; be instant in season, out of season; reprove, rebuke, exhort with all longsuffering and doctrine.

3 For the time will come when they will not endure sound doctrine; but after their own lusts shall they heap to themselves teachers, having itching ears;

4 And they shall turn away their ears from the truth, and shall be turned unto fables.

5 But watch thou in all things, endure afflictions, do the work of an evangelist, make full proof of thy ministry.

6 For I am now ready to be offered, and the time of my departure is at hand.

7 I have fought a good fight, I have finished my course, I have kept the faith:

8 Henceforth there is laid up for me a crown of righteousness, which the Lord, the righteous judge, shall give me at that day: and not to me only, but unto all them also that love his appearing.

KJV

## CONCLUSION

2 Peter 3:10-12

10 But the day of the Lord will come as a thief in the night; in the which the heavens shall pass away with a great noise, and the elements shall melt with fervent heat, the earth also and the works that are therein shall be burned up.

11 Seeing then that all these things shall be dissolved, what manner of persons ought ye to be in all holy conversation and godliness,

12 Looking for and hasting unto the coming of the day of God, wherein the heavens being on fire shall be dissolved, and the elements shall melt with fervent heat?

KJV